

Children of Uganda Challenge



Badge

Please Note the final design for the badge is yet to be agreed

Children of Uganda Challenge Badge

About WateringRoots.

WateringRoots has been set up to work alongside and with local people in developing communities to Empower them, Embrace them, Educate and Equip them. We believe strongly that the key to sustainability in such communities is from the community members itself and that the ideas that they have planted and started to work towards will help them with a bit of encouragement and practical advice and knowledge.

We work with a variety of projects under these four categories, which arose out of the song “It takes a whole village to raise a child” by the African Children’s Choir. Something again that we see community being established and built up around in a positive manner.

More information can be found on our website www.wateringroots.org

You need to complete one clause from each section.

1. Fundraising

Hold a fundraiser for Watering Roots e.g. coffee morning, sponsored silence, bring and buy sale, jumble sale or something else. Like decorating a Smarties tube in an African design and fill it with 10p and 20p. Hold a competition to see who can fill it with the most money

R, B, G, T

Please send us a picture and brief details of what you did when you order your badges. All funds raised should be sent as a cheque made payable to ‘Watering Roots’. This money will be used to purchase land and build a Scout/Guide residential centre & Community centre in Busembatia which will be used to benefit children from all over Uganda. Each unit will receive a personal thank you from Watering Roots along with some recent photographs and a certificate for the unit / group.

The long term aim and vision of the centre is to have a brick built community centre, with classrooms and day centre activities and adult education and possibly even medical facilities as part of this and then a section for residential and conference facilities. In the long run the residential and conference facilities should make the centre self-sustainable. The centre will provide locals with goods, bring trade and economic development to the area as well as provide ‘subsidised’ services for the community. It will probably not be free - we want to support and develop not hand out. In the beginning stages this may start with some mud huts, or small buildings but the 3 year aim is have to a brick built centre.

R, B, G, T

For Your Information Every penny you raise will go a long way to helping this project become a reality in Uganda £1 = 4000 shillings. Can you work out how much each of these things costs in £

- A jerry can of water - 100 shillings
- An exercise boko - 200 shillings
- A brick for our new community building - 400 shillings
- Chalk for provision of lessons - a packet for 200 shillings
- School bench - 10,000 shillings
- A terms worth of school fees - 25,000 shillings
- A teachers salary for a month - 200,000 shillings
- Playground resources - 3,000 shillings



2. Community:

1. Have a Fair Trade taste test in groups. Compare Fair Trade products with non-fair trade products. Think about taste, price, source and packaging.
R, B, G, T
2. Play 'Sharks and mermaids' game, but with 'Big company owners' and 'farmers' as the sharks and mermaids, symbolising the Fairtrade system.
R, B, G
3. Research a day in the life of a Ugandan child either from a city or from a rural location.
B, G, T
4. Use the list of words at the back and see if you can memorise / learn some lusoga. R,B,G,T

3. Active:

1. Some children in Uganda have to walk miles every day just to get water. Walk a long distance carrying a bucket of water. Remember water is precious so try not to spill any. R, B, G, T
2. Hold a treasure hunt with your unit with questions and answers about Uganda that lead to the next clue. R,B,G,T
3. Hold a safari evening with your unit. Think about how you could dress up, what kind of animals you could find and the kind of food you could eat. R, B, G, T
4. Hold an African games themed mini Olympics with your unit, and see if you could play traditional African games. Keep score and give prizes for the winning team. R, B, G
5. Try to find out about traditional African Dances and make up a dance for your unit that would be used to celebrate a special occasion. R, B, G, T

Try googling Kwangula (introduction ceremony), Weddings and even possibly the Ndere Centre in Kampala. You will find some good information with these search terms.

Food:

1. Potato printing. Use potatoes to create African designs R, B, G, T
2. Keep a food diary for a week. Research what people in Uganda eat. Compare the two. B, G, T
3. Make a meal on a wood fire B,G,T
4. Many people in Uganda have to grow their own food, why not try it too? Have a go at growing Cress or other vegetables e.g. beans, tomatoes etc with your unit R, B, G, T
5. Play the shopping basket game using African foods R,B,G,T.

Examples of african food include fruits - pawpaw, pineapple, watermellon, jackfruit, orange, lemon, lime, mango, avocodo. Matooke, Porridge, Ugali, Maize, Dried Maize, Fried Maize, Roasted Maize, Maize Bread, Porsho, Cabbage, Tomatoes, Soup, Beef, Goat, Chicken, Tilapia (fish), Eggs, Green Pepper, Onion, Curry powder, Milk, Passion Juice, Chai, Boiled Eggs, Chappatti, Mandasi, Rolex, Pancakes, Fried Rice balls

Rules: First person states 'I went to the market today and bought Fried Maize'(item of their choice) next person states 'I went shopping today and bought Fried Maize and Green Pepper(adds item of their choice) each player recites what has already been bought and adds an item to the list R,B, G, T



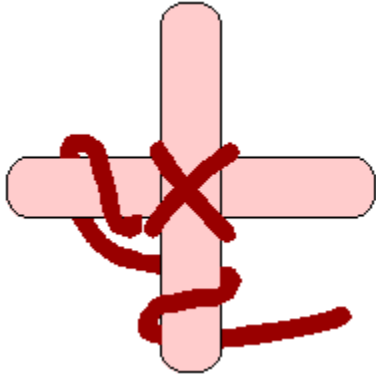
Home:

1. Make a model of a mud hut out of mud/clay and straw, papier mache or similar. You can also do this with Brownies and Rainbows before using matchmakers and swiss roll ...R, B, G, T
2. Ask what the girls have in their bedroom and what they think children in Uganda would have in their bedrooms. Compare and discuss R, B, G, T
3. Make an African collage using food, e.g. rice, lentils, beans, pasta etc R,B, G, T
4. Play a simple game with objects that would be available to African children e.g. stick to stone, stick and hoop R,B,G,T
5. In remote areas in Africa homes do not have electricity or gas, try to go a whole day without using any electrical items especially computers/games systems, how did you get on? What could you not live without? R, B, G, T



Craft

1. Make a traditional Gomezi out of newspaper. Hold a competition in your unit to see who can be the most resourceful, most inventive and most attractive. Gomezi - ie. National womens dress, worn on special occasions, bright etc.
G, T
2. Make your own friendship bracelets.
B, G, T
3. Make a gods eye with sticks and coloured wool R, B, G, T
4. Make a mobile using natural resources e.g. sticks, fir cones etc. R, B, G, T
5. Make an African tribal mask or shield using method of your choice, papier mache, cardboard cut out etc. R, B, G, T
6. Make a drum from recycled materials. R, B, G, T



Gods Eye Glue two sticks together forming and "X". Tie the end of the yarn to the middle where your sticks cross.

Begin by wrapping the yarn over and around one leg of one craft stick, then over and around the next next leg. Pull the yarn tight each time and push it toward the center. (Diagram shows back side of the God's Eye).

Continue until the sticks are covered. tie and trim.



Gomezi - ie. National womens dress, worn on special occasions, bright etc.

